


VALLEY CATHOLIC EARLY LEARNING SCHOOL MENU-March 2023

Menu subject to change without notice.

A sun butter & jam sandwich may be served as an alternate when necessary.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
AM SNACK			Cereal & Milk	Breakfast Burrito	Pancake Squares					
LUNCH			Mac & Cheese	Ham & Cheese Sandwich	Cheese Enchiladas					
PM SNACK			Pita w/Hummus	1	Tortilla Chips w/Avocado/Bean Dip	2	Soft Pretzels w/cheese Sauce/Fruit	3		
AM SNACK	Oatmeal & Fruit	Muffin 100% Fruit Juice	Cereal & Milk	Breakfast Burrito	Pancake Squares					
LUNCH	Corndogs	Chicken Burger	Swedish Meatballs w/Biscuits	Black Bean & Cheese Quesadilla	Pizza					
PM SNACK	Goldfish Crackers Veggies w/Ranch	6	Raisin Bread w/Cream Cheese/Fruit	7	Pepperoni & Cheese Crackers	8	Cereal Bars Cheese Stick	9	Yogurt & Graham Crackers	10
AM SNACK	Oatmeal & Fruit	Muffin 100% Fruit Juice	Cereal & Milk	Breakfast Burrito	Pancake Squares					
LUNCH	Popcorn Chicken	Au Gratin Potatoes w/Bacon	Toasted Cheese Sandwich Tomato Soup	Mini Chicken Tacos	Tortellini					
PM SNACK	Pasta w/Parm Carrots & Ranch	13	Breadsticks w/Marinara & Fruit	14	Pita w/Hummus	15	Tortilla Chips w/Avocado/Bean Dip	16	Soft Pretzels w/cheese Sauce/Fruit	17
AM SNACK	Yogurt & Fruit	Muffin 100% Fruit Juice	Cereal & Milk	Breakfast Burrito	Pancake Squares					
LUNCH	Sloppy Joe Sliders	Hot Dog & Bean Bake	Tuna Noodle Casserole	BBQ Chicken w/Rice	Bean & Cheese Burrito					
PM SNACK	Goldfish Crackers Veggies w/Ranch	20	Raisin Bread w/Cream Cheese/Fruit	21	Pepperoni & Cheese Crackers	22	Cereal Bars Cheese Stick	23	Yogurt & Graham Crackers	24
AM SNACK	Yogurt & Fruit	Muffin 100% Fruit Juice	Cereal & Milk	Breakfast Burrito	Pancake Squares					
LUNCH	Turkey & Cheese Sandwich	Chili w/Cornbread	Chicken Nuggets Mashed Potatoes	Ravioli	Fishwich					
PM SNACK	Pasta w/Parm Carrots & Ranch	27	Breadsticks w/Marinara & Fruit	28	Pita w/Hummus	29	Tortilla Chips w/Avocado/Bean Dip	30	Soft Pretzels w/cheese Sauce/Fruit	31

Milk, Fruit & Vegetable served with lunch each day.

For Families of Children with special diets or food restrictions, please check the menu to see if you need to provide supplement or replacement for a well balanced meal. The replacement must be provided on a daily basis, and not require preparation or refrigeration. We are a nut free center.