## VALLEY CATHOLIC ELEMENTARY SCHOOL LUNCH MENU NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	
-		Available Everyday:			
Milk is served with all meals		Bagels with Cream Cheese	Fruit and Vegetables	PRICES:	
Milk choices include:	Menu subject to change	Yogurt & Granola	available everyday	Student Lunch	5.75
- 1% white milk	without notice	Plain Noodles & Parmesan		Adult Lunch	6.25
- non fat chocolate milk		Ham & Cheese Sandwich		Milk	1.00
We serve hormone-free milk		Peanut Butter & Jelly Sandwich		Water	1.00
	1	2		3	4
	Tacos or Nachos	Pasta Bar	Chicken or Tofu Teriyaki	Pizza - Variety	
7	8	9	1	0	11
Beef or Vegetarian Burgers	Empanadas or Nachos	Pizza - Variety	In-Service Day- No School	NO SCHOOL Veterans Day	
14	15	16	1	7	18
Hot Dogs or Veggie Sausage Sliders	Empanadas or Nachos	Build your own Mashed Potato Bowl	Chicken Pot Pie or Veggie Pot Pie	Pizza - Variety	
21	22	23	2	4	25
NO SCHOOL Parent Teacher Conferences	NO SCHOOL Parent Teacher Conferences	NO SCHOOL Parent Teacher Conferences	THANKSGIVING DAY NO SCHOOL	NO SCHOOL	
28	29	30			
Grilled Cheese	Tacos	Chicken Katsu	′ 🝣		
with Tomato Soup	or Nachos	or Tofu and Veggie Kimbap	Happy 7	hanksgiving	