



VALLEY CATHOLIC HIGH SCHOOL

EXCELLENCE IN EVERYTHING.
OPPORTUNITY FOR EVERYONE.

2022-2023





Welcome to Valley Catholic High School! We pride ourselves on providing a quality high school education that you will carry with you long after graduation. Valley Catholic's inclusive community provides opportunities for all students to pursue their passions. You will be prepared not just for success after high school, but for a lifelong journey of personal growth and altruism.

During the next four years, you will be encouraged to cultivate your entire person by engaging in educational opportunities that foster your physical, mental, social, and spiritual nourishment. The staff at Valley Catholic High School is dedicated to supporting you as you work to become the best version of yourself. Teachers at Valley Catholic will get to know you personally as they help you uncover and cultivate new passions throughout your high school journey as a scholar, a leader, an athlete, an actor, an artist, a musician, an activist, and a person of faith.

Choosing Valley Catholic High School promises a rich, immersive experience where we live valiantly and strive for excellence. We honor the unique gifts of each person while we celebrate God and life. We are Valley Catholic: Excellence in everything. Opportunity for everyone.

We invite you to our beautiful campus in Beaverton, Oregon, today! Get to know Valley Catholic High School; you will be glad you did!

Dr. Sara Bruins, Principal
Valley Catholic High School



92%

of students participate
in an extracurricular activity

60%

of students participate
in multiple extracurricular activities





Academics

True academic quality resides in the daily work of talented teachers who love their subjects. Such teaching is the heart of a great school. At Valley Catholic, our courses culminate year after year with great success and leave students fascinated and wanting more. AP scores for Valley Catholic students are well above the national average and approximately 20 percent above the Oregon average.

Almost every Valley Catholic graduate goes to college immediately after high school. Many attend northwestern colleges and universities. The University of Portland and Gonzaga are especially popular. Recent graduates have also attended Stanford, Columbia, Yale, Notre Dame, Duke and the Air Force Academy.

"The best part about the Valley Catholic experience is knowing you have teachers and students who want to help you succeed. They're going to help you accomplish your goals."

– Abhi Rajendran '19

15 AP COURSES OFFERED:

- AP Art
- AP Computer Science Principles
- AP Computer Science A
- AP English Language 11
- AP English Literature 12
- AP Music Theory
- AP Calculus I
- AP Calculus II
- AP Statistics
- AP Biology
- AP Chemistry
- AP Physics I
- AP Physics II
- AP Physics C
- AP U.S. Government and Politics



15

AP courses offered

92%

of upperclassmen
take at least one AP
course

59%

of upperclassmen take
multiple AP courses





Fine Arts

Valley Catholic has a rich tradition of excellence in the arts. We provide a class period dedicated solely to band, choir, and orchestra to foster each student's ability to pursue their musical education. This protected period ensures students do not need to choose between their musical and academic pursuits.

Valley Catholic's Drama Department produces two major shows each year. A play in the fall and a musical in the spring. All students are encouraged to participate in drama productions thanks to the no-cut policy for extracurricular activities. Students may also participate in our other extracurricular fine arts offerings, listed on this page. Nearly half of our students participate in the Fine Arts program.

"Valley Catholic's drama program provided a lot of opportunities for me. I was able to really explore something I love. I never had that opportunity before Valley."

– Macy Belusko '21

FINE ART OFFERINGS:

- Band
- Jazz Band
- Liturgy Band
- Pep Band
- Choir
- Treble Choir
- Drama
- Improv Club
- Orchestra
- String Ensemble
- AP Music Theory



50%

of students participate in the
Fine Arts program

25%

of students participate in fine arts
extracurricular programs





Spiritual Life

Valley Catholic offers a faith-based education with a strong emphasis on personal growth and serving others. Students have many opportunities for growth through retreats, Mass, and community service. Last year, Valley Catholic High School students completed nearly 12,000 hours of community service.

"Valley Catholic has given me so many opportunities: opportunities to lead, to share my faith, to connect with my classmates."

– William Weber '19



ANNUAL STUDENT FUNDRAISER

Valley Catholic High School students helped raise more than \$3,000 for the Children's Cancer Association. The annual carnival features fun-filled activities, food, music and a dunk tank.



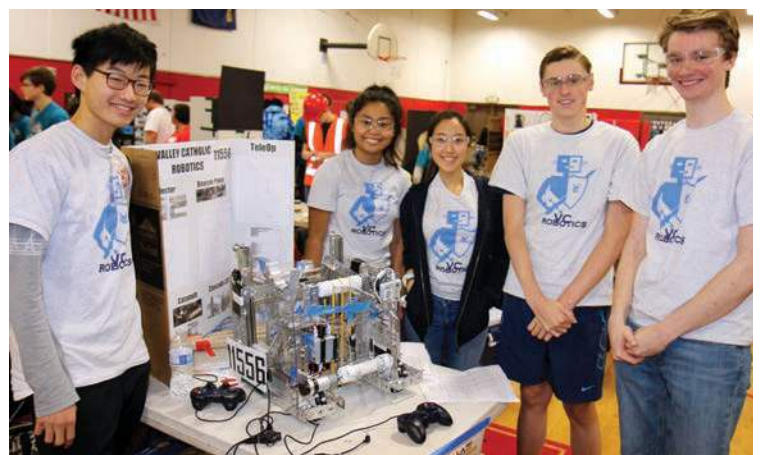


Outside the Classroom

Valley Catholic believes some of the most important learning experiences take place beyond the classroom. Each year, every student has the opportunity to build relationships, serve others, work as a team, and create lasting memories outside of their coursework. During the school year, students participate in a variety of school clubs, cheer on athletes and actors with the “Blue Crew”, attend school dances and retreats, and engage in activities to serve their community. At the end of the school year and during spring break, students enjoy excursions like the sophomore rafting trip and school-sponsored trips to global destinations such as Spain and the Galapagos Islands. These experiences help students build life skills and a lifetime of memories at Valley.

“There is something for everyone at Valley Catholic and I’m very grateful for my time here. I am pushed to be my best at VC and I have had so many amazing experiences that I will remember for the rest of my life!”

– Gretchen Kibbe '21





Athletics

Valley Catholic has won the OSAA Cup (formerly Oregonian Cup) six of the last ten years – making it one of Oregon’s most decorated mid-sized schools. In the past nine years, Valley Catholic teams have won 17 state championships, 17 second-place honors, and 33 league championships. Historically, Valley Catholic has won 28 state championships in 11 different sports. Valley Catholic has a no-cut policy for all sports, ensuring that students of all levels and experience are guaranteed an opportunity to participate in our athletic programs.

“Valley Catholic gave me endless opportunities. No matter what I wanted to try, the community supported me in the classroom, on the court, and in whatever I pursued.”

– Allie Merz '20

VALLEY CATHOLIC OFFERS THE FOLLOWING SPORTS:

Boys Cross Country
 Girls Cross Country
 Boys Football
 Boys Soccer
 Girls Soccer
 Girls Volleyball
 Dance
 Boys Basketball
 Girls Basketball
 Boys Swimming
 Girls Swimming
 Baseball
 Boys Golf
 Girls Golf
 Softball
 Boys Tennis
 Girls Tennis
 Boys Track and Field
 Girls Track and Field



28

State Championships

6

OSAA Cups

79%

of students participate
in athletics

43%

of students participate
in multiple sports





1:1 MacBook Air Program

Each student receives a MacBook Air to use during the school year. This program strives to improve the equitable access to technology for all students throughout their day. These tools help students to collaborate in ways that prepare them for their college years and beyond. In addition, these devices integrate seamlessly with our iPads, Apple TVs, and other devices already on campus.



"With the addition of the 1:1 program, I know students will be set up for success and will have the tools they need to produce high quality work"

- Jenn Deal, Art Teacher

IMPORTANT DATES

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| • Open House | Oct. 2 |
| • Spend-a-day visits | Oct. - Jan |
| • Academic night | Nov. 16 |
| • Freshman applications due | Jan. 13 |
| • Financial aid and scholarship applications due | Jan. 13 |
| • Incoming freshman transcripts and recommendations due | Feb. 1 |
| • Freshman decision letters mailed | March 10 |
| • Freshman enrollment deadline | March 23 |
| • Freshman registration night | April 5 |
| • Check the admissions page at valleycatholic.org for the latest information about these events. Transfer applications are accepted on a rolling basis pending availability. | |

VALLEY
CATHOLIC
HIGH
SCHOOL



Kalani Efstathiou

Director of Admissions
hsadmissions@valleycatholic.org

Direct: 503.520.4721
Main: 503.644.3745
Fax: 503.646.4054



EXCELLENCE IN EVERYTHING. OPPORTUNITY FOR EVERYONE.

Learn more about Valley Catholic.
Join us for our open house. Visit our campus.

Open House October 2, 2022
valleycatholic.org



4275 SW 148th Avenue, Beaverton, OR 97078 | 503.520.4721 | valleycatholic.org
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