

VALLEY CATHOLIC EARLY LEARNING SCHOOL MENU- July 2022

Menu subject to change without notice.

A sun butter & jam sandwich may be served as an alternate when necessary.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK					Waffle Sticks & Fruit
LUNCH					Pizza
PM SNACK					Muffins & Fruit 1
AM SNACK	VCELS CLOSED	Muffin 100% Fruit Juice	Cold Cereal & Milk	Cinnamon Bread w/Cream Cheese & Fruit	Waffle Sticks & Fruit
LUNCH	4th of July	Bean & Cheese Burrito	Sun Butter & Jam Sandwich	Chicken Nuggets	Pizza
PM SNACK	4	Cinnamon Rolls Fruit 5	Cereal Bar & Fruit 6	Yogurt & Fruit 7	Muffins & Fruit 8
AM SNACK	Yogurt & Fruit	Muffin 100% Fruit Juice	Cold Cereal & Milk	Cinnamon Bread w/Cream Cheese & Fruit	Waffle Sticks & Fruit
LUNCH	Turkey & Cheese Sandwiches	Bean & Cheese Burrito	Sun Butter & Jam Sandwich	Chicken Nuggets	Pizza
PM SNACK	Gold Fish Crackers Cheese Sticks 11	Cinnamon Rolls Fruit 12	Cereal Bar & Fruit 13	Yogurt & Fruit 14	Muffins & Fruit 15
AM SNACK	Oatmeal & Fruit	Muffin 100% Fruit Juice	Cold Cereal & Milk	Cheesy Eggs English Muffin	Waffle Sticks & Fruit
LUNCH	Hot Dogs	Cheese Enchiladas	Turkey & Cheese Sandwich	Teriyaki Chicken	Pizza
PM SNACK	Trail Mix & Fruit 18	Buttered Pasta w/Parm Fruit 19	Cereal Bars & Fruit 20	Yogurt & Granola Fruit 21	Muffins & Fruit 22
AM SNACK	Oatmeal Fruit	Muffin 100% Fruit Juice	Cold Cereal & Milk	Cheesy Eggs English Muffin	Waffle Sticks & Fruit
LUNCH	Sweet & Sour Chicken	Beef Taco	Ham & Cheese Sandwich	BBQ Chicken	Pizza
PM SNACK	Trail Mix & Fruit 25	Buttered Pasta w/Parm Fruit 26	Cereal Bars & Fruit 27	Yogurt & Granola Fruit 28	Muffins & Fruit 29

Milk, Fruit & Vegetable served with lunch each day.

**For Families of Children with special diets or food restrictions, please check the menu to see if you need to provide supplement or replacement for a well balanced meal.
The replacement must be provided on a daily basis, and not require preparation or refrigeration.**