



## Profile of a Graduate

**Open to Growth:** The Valley Catholic Middle School graduate has matured as a person—emotionally, intellectually, physically, socially, religiously—and assumes responsibility for his or her personal growth. The graduate will continue to develop the knowledge, attitudes, and skills to make positive and responsible choices throughout their lives.

**Intellectually Curious:** The Valley Catholic Middle School graduate understands that learning is a lifelong enterprise and is ready to make a successful transition to high school. The graduate has developed a foundation for creative expression, critical thinking, intellectual curiosity, active social responsibility and positive methods of communication. The students develop skills and tools required for further intellectual development at the high school level.

**Faith Formation:** The Valley Catholic Middle School graduate understands the value of prayer, faith and justice in all aspects of their lives and shares his or her spiritual gifts with others. The graduate has a basic knowledge of the major doctrines and practices of the Roman Catholic Church. The student has grown in his/her ability to make moral decisions and knows the importance of making them. The graduate has had the opportunity to participate in retreats, service activities, Sacraments, and liturgical life. He or she demonstrates respect for people of other religious backgrounds.

**Compassionate Leaders:** The Valley Catholic Middle School graduate has established his or her own identity. The graduate is able to move beyond self-interest in relationships. He or she is able to establish meaningful friendships with integrity and appreciation of others. The graduate is able to respond to the mission of Jesus and the charism of the Sisters of St. Mary's of Oregon.

**Involved Global Citizens:** The Valley Catholic Middle School graduate has experience in serving others throughout his/her middle school years. The graduate exhibits compassion, practices good stewardship, and demonstrates respect for the dignity of others. He or she knows how to be a responsible member of the community. The graduate exhibits strong character and integrity, assumes accountability for own action, and begins a lifelong journey of interacting socially, politically and economically in efforts to meet local and global challenges.

**Strives for Wellness of Mind and Body:** The Valley Catholic Middle School graduate has grown in his or her appreciation of physical activity, interpersonal skills, wellness and creativity. The graduate has acquired the knowledge, confidence, and courage that is needed to make healthy life decisions. The graduate has had opportunities to participate in and value the creative arts. He or she has learned the importance of collaboration. The graduate has participated in cross-curricular activities with an understanding of mind/body wellness.

## **Valley Catholic School Mission Statement**

Valley Catholic School, sharing in the mission of the Sisters of St. Mary of Oregon, fosters a faith-filled community of lifelong learners and compassionate leaders committed to living out Catholic values and following Jesus' example through prayer, service, and love.