

## Valley Catholic Elementary School Description of After-School Activities

### Virtual From Home After-School Activities

FALL 2020

A few of our typical after-school activity programs from outside groups are offering virtual classes this fall to continue to offer a variety of opportunities for after-school enrichment. Each after-school activity requires registration and has a fee. Arrangements for registration and payment of fees for all outside groups should be arranged directly with the group. **For activities offered by outside groups, the school cannot accept payment or registration. Flyers for the programs below will be available online after the start of the school year.** For the FALL of our coming school year, these are the virtual programs currently being offered:

**Chess Wizards, all ages welcome:** Chess Wizards provides kids of all ability levels with the chance to have fun learning and playing chess. Their approach to chess is to keep the game fun for kids while teaching them important lessons they can use in other areas of life such as: sportsmanship, teamwork, problem solving, critical thinking, concentration, patience, and other life skills. **Day: Mondays** For more information, you may contact [www.chesswizards.com](http://www.chesswizards.com) [office@chesswizards.com](mailto:office@chesswizards.com) 1-866-949-4386

**Computer programming using Scratch for grades 3-5:** (Online class on Zoom)\_Have fun while learning how to program a computer! Design interactive stories, make art and animations, explore mathematics concepts and design simple games using Scratch programming software. Scratch is a project of the Lifelong Kindergarten group at MIT Media Lab. In this online class, students will learn to think creatively, reason systematically, and work collaboratively. They will learn concepts of computational thinking: using data and variables, sequencing, conditionals, loops, events, and mathematical operations. While adding more challenges to their games, they will become familiar with computational practices: incremental programming, testing, debugging, modularizing, abstracting, reusing, and remixing. **Day: Mondays**. For more information, you may contact Vibha Nayyar at: [veralearningcenter@gmail.com](mailto:veralearningcenter@gmail.com)(503) 206-2901 (cell) or (503) 848-6728 (home)

**Dance is Play, all ages welcome:** Dance is Play is a non-profit initiative that strives to get kids active and learn to embrace cross cultures. We would like to teach elementary school students the art of fusion dance, while advocating for kids to increase exercise, and familiarize themselves with heritages all around the world at a young age. **Day: Wednesdays** For more information, you may contact Manavi Thakur [manavit.30@gmail.com](mailto:manavit.30@gmail.com) (503)-862-9606

**Lim's Taekwondo Academy, all ages welcome:** Participation in martial arts teaches children a host of positive mental and physical skills that will help them in school, home, and life. This program teaches students using the basic philosophy of positive reinforcement to build self-esteem, confidence, discipline, positive attitude, and values. **Day: Thursdays** For more information, you may contact, Alexander Lim at [limtkd2012@gmail.com](mailto:limtkd2012@gmail.com)

**Play Fit Fun, all ages welcome:** Play Fit Fun is like PE that has crashed into field day and then bumped into team building! Activities are organized, uplifting, empowering and 100% focused on the kids! Kids of all ages, abilities & sizes need more activity, fun and play! Kids are meant to play and move! With play activities kids learn, socialize and build confidence. Your child will be empowered, supported, and instructed. Play Fit Fun is about playing with fitness in mind and learning to have fun being active. **Day: Fridays** For more information, you may contact Spencer Rubin at: [spencer@playfitfun.com](mailto:spencer@playfitfun.com) 971-732-4745

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**Additional information and registration forms will be available online in late August or early September. This information can be found in the Activities section of the Elementary School website accessible at: [www.valleycatholic.org](http://www.valleycatholic.org)**

***If there are not enough students enrolled to offer a virtual online class for Valley Catholic students, it will be the responsibility of the after-school program to notify the families.***